

Is Any Significant Lifestyle Change Necessary?

Besides abstaining from alcohol and illicit substance use, no other lifestyle changes are necessary. After receiving your daily treatment, you are able to go about your daily tasks without any issues. TMS does not cause any impairment or require any downtime procedures.

What Do Treatments Feel Like?

Patients often feel a tapping or thumping sensation on their head, many compare it to a woodpecker, during the two-second pulses. The pulses are not painful and if they are, the treatment provider can make adjustments to alleviate the pain and/or discomfort.

How Will I Know that TMS is Working for Me?

Typically, it is those around the TMS patient that notice improvement before the patient does. Rate of response to TMS varies from patient to patient. On average, patients see improvement within 3-4 weeks.

*Ready to help get the light back into your life?
Contact our office for further TMS
consultation.*

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Transcranial Magnetic Stimulation

If you or a loved one have struggled with treatment-resistant symptoms of Depression, Anxiety, or Obsessive Compulsive Disorder, Transcranial Magnetic Stimulation (TMS) may be the breakthrough treatment needed. Learn more about TMS and see how it can let the light back into your life.



What is Transcranial Magnetic Stimulation (TMS)?

TMS is an FDA-approved treatment for those who suffer from Depression, Anxious-Depression, or OCD related symptoms. Magnets are used to focus energy to stimulate, or de-stimulate, parts of the Prefrontal Cortex of the brain.

How Does TMS Work?

By targeting the Prefrontal Cortex, TMS is able to correct abnormalities in electrical functioning of the limbic system that cause symptoms of the three targeted illnesses. A helmet containing an H-shaped magnetic coil is placed on the patient's head in a mapped out position. Magnetic pulses are then sent through the helmet for a duration of 18-20 minute treatments.

How Effective is TMS?

Currently, our office has treated over 400 patients, with 78% of those displaying a 50% reduction in their ending depression scales. Only 9% of those treated have shown no improvement in symptoms.

Are There Any Major Side Effect/Risks?

Unlike other forms of treatments, TMS is non-invasive and does not have any downtime. The most common side effects are possible headaches and discomfort on the scalp, which can both be short-lived and treated with Over The Counter pain relievers. The most significant, but extremely rare, side effect is seizures. Drinking copious amounts of alcohol, using any form of illicit substances, or significant increases to caffeine use, can increase the risk of seizures. If a seizure does occur, stopping the TMS machine will discontinue the seizure.



What are the Cost Expectations?

Currently, the only two insurances in network are Capital Health Plan and Medicare Part B (without a replacement plan). For CHP, The amount of copay expected each day is what is listed as the Specialty Amount on the insurance card. Those with out of network insurances have the opportunity to establish a self-pay rate payment plan with our office's billing staff.

What are the “Red Flags” of TMS?

Those with any implanted devices, such as cardiac pacemakers, any form of metal in the head or neck, family history of epilepsy, or any form of brain condition or neurosurgery may not qualify for TMS. Each TMS consultation involves a safety questionnaire to explore any potential issues.

What is a Typical Course of TMS?

TMS appointments are highly recommended to be Monday-Friday, for a maximum 36 treatments. The initial appointment will be 45-60 minutes, and all subsequent visits will be a maximum of 20 minutes.